Keep Every Family Phone Updated: One-Page Checklist

Phone: _____ Owner: _____ Date: _____

iPhone

☐ Back up, plug in, and connect to Wi-Fi.

☐ Settings > General > About: write down the model and iOS version.

☐ Settings > General > Software Update. If an update is available, tap Download and Install.

☐ Settings > General > Software Update > Automatic Updates: turn on Automatically Install.

☐ Leave the phone charging on Wi-Fi overnight so automatic updates can install.

Android

☐ Connect to Wi-Fi and charge to at least 75%.

☐ Settings > About phone (or About tablet) > Android version: write down the "Android security update" date.

☐ For the SMS of Death fix, look for 2026-11-01 or later.

☐ Settings > System > Software updates (Pixel: Software update). Follow the on-screen steps.

☐ Samsung: Settings > Software update or System updates (varies by model), then Download and install, Check for system updates, or Check for software updates (depends on carrier). Turn on Auto download over Wi-Fi.

☐ When an update notification appears, open it and tap the update action. Restart when asked.

Menus can differ by brand, carrier and version. If yours don't match, use your phone maker's support site.

If no updates are coming

☐ Check the maker's support page: Apple security releases, Google Pixel update dates, or Samsung Security Updates.

☐ Other Android brands: ask the maker or carrier.

☐ CyberSandberg tip: keep it on the latest update it offers.

☐ CyberSandberg tip: don't make it anyone's only emergency phone.

☐ CyberSandberg tip: keep banking and important accounts off it.

☐ CyberSandberg tip: plan a replacement, and check its support years before you buy.

Family phones

☐ Before handing a phone down, check its last update and support page.

☐ Turn on automatic updates before a kid's phone changes hands.

☐ Once a month, check parents' and grandparents' phones for updates together.

CyberSandberg: What you were never taught, taught plainly.

Steps checked against Apple, Google and Samsung help, Nov 2, 2026.